## **BATH COUNTY PUBLIC SCHOOLS JANUARY 2010 BREAKFAST & LUNCH MENU**

**MONDAY TUESDAY** In accordance with Federal law & U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, sex, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity

WEDNESDAY

**THURSDAY** 

**NEW YEAR'S DAY** 

ARE SERVED WITH A CHOICE OF MILK.

ALL BREAKFASTS ARE SERVED WITH A

CHOICE OF FRUIT OR JUICE. ALL MEALS

BCHS WILL OFFER SALAD BAR.

THESE MENUS ARE SUBJECT TO CHANGE DEPENDING ON PRICES AND AVAILABILITY OF FOOD ITEMS.

**PUPIL HOLIDAY SCHOOL CLOSED** 

**FRIDAY** 

**BREAKFAST:** 

provider & employer.

Breakfast Pizza

LUNCH:

Stuffed Crust Pizza, Corn, Graham Crackers, Mixed Fruit

BCHS Salad Bar Entree: Mini Corn Dogs

**BREAKFAST:** 

Scrambled Eggs, Toast

LUNCH:

Chicken Fajita Wrap w/ Salsa, Cheese, Sour Cream, Rice Pilaf, Broccoli, Diced Peaches

BCHS Salad Bar Entree: Hot Pocket

6

**BREAKFAST:** 

Blueberry Muffin, Lil **Smokies** 

LUNCH:

Ham & Cheese on Bun (L,T,M), French Fries, California Blend

BCHS Salad Bar Entree: Turkey Egg Roll

**BREAKFAST:** 

Sausage Biscuit, Gravv

LUNCH:

Vegetable Beef Soup, Grilled Cheese Sandwich, Crackers, Fruit Choice

BCHS Salad Bar Entree: Chicken Tenders

**BREAKFAST:** Cereal, Toast

LUNCH:

Turkey Gravy on Bread, Mashed Potatoes, Green Beans, Fruit/Nut Mix

BCHS Salad Bar Entree: Cheesesticks

11

**BREAKFAST:** 

Cheese Toast

LUNCH:

Mozzarella Cheese Sticks w/ Marinara Sauce, Baked Chips, Tossed Salad, Peach Cup

BCHS Salad Bar Entree: Peanut Butter/Jelly Sandwich

12

**BREAKFAST:** 

Egg/Cheese Biscuit

LUNCH:

Turkey & Cheese on Bun (L,T,M), Potato Rounds. Choice of Fruit, Haystack Cookie

BCHS Salad Bar Entree: Grilled Cheese

13

**BREAKFAST:** 

Scrambled Egg, Toast

LUNCH:

Popcorn Chicken, Baked Potato, Tossed Salad, Biscuit, Choice of Fruit

BCHS Salad Bar Entree: Mini Corn Dog

14

**BREAKFAST:** 

Sausage Biscuit, Gravy

LUNCH:

Hot Dog on Bun w/ Chili, Vegetarian Beans, Cole Slaw, Fruit Choice

BCHS Salad Bar Entree: Ham/Cheese Sandwich

15

BREAKFAST:

Pancakes, Syrup

LUNCH:

Beefaroni, Green Beans, Tossed Salad, Whole Wheat Roll. Mandarin Oranges

BCHS Salad Bar Entree: Chicken Nuggets

18

**BREAKFAST**:

Cereal, Toast

LUNCH:

Cheeseburger on Bun (L,T,M), French Fries, Vegetables w/ Dip, Fruit Choice

BCHS Salad Bar Entree: Turkey EggRoll

19

**BREAKFAST**:

Breakfast Pizza

LUNCH:

Spaghetti w/ Meat Sauce, Green Beans, Tossed Salad. Breadstick

**BCHS Salad Bar Entree**: Hot Pocket

20

**BREAKFAST**:

Eggs, Lil Smokies

LUNCH:

Grilled Cheese Sandwich, Potato Rounds, Broccoli, Fruit Juice

BCHS Salad Bar Entree: Popcorn Chicken

21

BREAKFAST:

Sausage Biscuit, Gravy

LUNCH:

Chicken Tenders. Macaroni & Cheese, Peas, Biscuit, Fruit

BCHS Salad Bar Entree: Grilled Cheese/Ham

22

**EARLY RELEASE** 

**BREAKFAST:** 

Egg/Cheese Biscuit

LUNCH:

Stuffed Crust Pizza. Corn, Tossed Salad, Whole Wheat Cookie

BCHS Salad Bar Entree: Corn Dog

25

**BREAKFAST**:

Cereal, Toast

LUNCH:

MANAGER'S CHOICE BCHS: Breaded Chicken, Green Beans, Sweet Potatoes, Roll

BCHS Salad Bar Entree: Mini Corn Dogs

26

**BREAKFAST:** 

Breakfast Pizza

LUNCH:

Deli Turkey on Bun (L,T,M), Corn, Broccoli, **Applesauce** 

BCHS Salad Bar Entree: Chicken Tenders

27

**BREAKFAST:** 

Cereal, Toast

LUNCH:

Corn Dog, Scalloped Potatoes, Spinach, Pineapple Salad

BCHS Salad Bar Entree: Peanut Butter/Jelly Sandwich

28

**BREAKFAST:** 

Sausage Biscuit, Gravy

LUNCH:

Potato Soup, Grilled Cheese Sandwich, Crackers, Fruit

BCHS Salad Bar Entree: Cheesesticks

29

**BREAKFAST:** 

Scrambled Eggs, Toast

LUNCH:

Fish, Macaroni & Cheese, Cole Slaw, Whole Wheat Roll, Fruit

BCHS Salad Bar Entree: Hot Pocket